

MRI PELVIC FLOOR PATIENT INFORMATION

Call 716.649.9000 to schedule your appointment.



OUR EXPERIENCE MATTERS.
AND SO DOES YOURS.



WHAT IS AN MRI SCAN?

Magnetic Resonance Imaging (MRI) is a common type of medical imaging that uses magnetic fields and radio waves (instead of x-rays or radiation) to take very detailed pictures of the organs, bones and tissues within the body.

WHAT TO EXPECT DURING MY PELVIC FLOOR MRI:

A typical pelvic floor scan lasts up to 60 minutes. You may feel a small amount of discomfort from bloating or cramping.

The scanner is open on both ends. The room is well lit, kept cool, and there is a fan. There is also an intercom system for communication between patient and technologist.

You will be asked to change into a gown and disposable briefs - this will allow you to move your bowels while the MRI takes pictures of your muscles. When you come into the scan room, you will lie on your side and the technologist will insert gel into your rectum through a small enema tip. You will then position yourself on your back and the technologist will set up a special coil, a small pad on the pelvis area, that is used for the imaging. At times during the scan, the technologist will instruct you to "HOLD IN," "RELAX," and "BEAR DOWN." You will also be asked to pass the gel that was inserted at the beginning of the exam.

During the scan, you will hear a loud intermittent banging noise. You will be provided headphones, to minimize the noise. You will also have an alarm button if you experience extreme discomfort.

After your scan:

After the exam is complete, the technologist will bring you to a private restroom. You will be given a washcloth and towel to clean up. Our radiologist will review the images taken, and a written report will be sent to your doctor, usually within 48 business hours. Your doctor will review your results with you.

ALERT YOUR DOCTOR PRIOR TO YOUR MRI IF:

- >> You are or may be pregnant.
- >> You are claustrophobic.
- >> You have a pacemaker or an artificial valve.
- >> You have orthopedic metal, shrapnel or bullet wounds.

PREPARING FOR YOUR PELVIC FLOOR MRI:

- >> No specific prep is necessary - it is okay to eat and drink.
- >> Take your daily medications unless instructed otherwise.
- >> **Please arrive at least 30 minutes prior to your exam.**

You will need to complete the MRI screening form which will be reviewed by a technologist and a radiologist.

Please make every effort to keep your appointment. If you must reschedule, notify our office at least 24 hours in advance.

WE LOOK FORWARD TO CARING FOR YOU.

PELVIC FLOOR AND DEFECOGRAPHY MRI EXAMS TAKE PLACE AT OUR ORCHARD PARK OFFICE and utilize our 1.5

High Field OVAL MRI. Our office is located at 3050 Orchard Park Rd., West Seneca, NY 14127.

www.SouthtownsRadiology.com | 716.649.9000

COVID-19 SAFETY INFORMATION:

We are committed to the safety and well-being of our patients and staff. To learn more, please visit www.southtownsradiology.com